

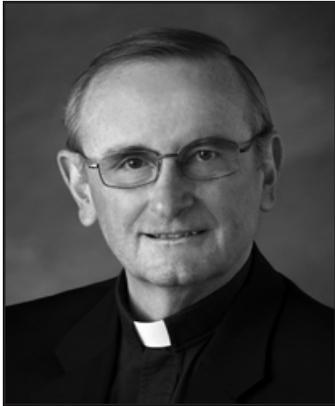
# Christ the King Retreat Center

*"Come to the water..."*

763-682-1394 • 621 First Avenue S. • Buffalo, MN 55313-1399 • [www.kingshouse.com](http://www.kingshouse.com)

Spring 2020

## FROM FATHER JIM. . .



The year 2020 is a significant year for me. On September 5, I will celebrate my 50th anniversary of priesthood. I find myself asking the question, "How did these years go by so quickly?" In recent years as I celebrated the Eucharist, I often thought

what a privilege it is to celebrate Mass.

This July, I will be 76 years old, and it is very clear to me that this is a time for a change. On May 17, I stepped aside as director of Christ the King. Serving at the retreat center for over 22 years has been a great

blessing. While I have been involved in a variety of ministries over the past 50 years, there is no other ministry that I have enjoyed more. "Privilege" is also a word I would use to describe my opportunity to serve at Christ the King. I will continue to be a member of our staff and the preaching team.

**Fr. Richard Sudlik, OMI**, who has served at the retreat center since November 2018, was named the new director. Fr. Dick, as you know, is a wonderful preacher and brings with him a wealth of pastoral and administrative experience. Christ the King is really blessed to have an Oblate of his caliber to serve as director.

My last words to all of you are **thank you** for your kindness, encouragement, and prayers!

## OUR NEW THEME PREMIERING ON AUGUST 23-25, 2020: "A LISTENING HEART"

*All is Grace. All is Gift. "From his fullness we have all received grace upon grace." (John 1:16)*

Each human being must embrace the reality of life. But the spiritual pilgrim knows that the meaning of this reality is shaped by the **gift of a listening heart**. Each of us is called by God to see all of life as gift and blessing. Are we able to look beyond the obvious to see the sacred?

## FROM FATHER DICK. . .

In some ways, I feel like Edward John Smith (*just kidding*). He was honored to be named captain of the Titanic. I am honored to be named director of Christ the King. Unlike Captain Smith, I am confident that with God's help we can keep Christ the King Retreat Center afloat in the age of COVID-19.

It is a comfort for me to know that Fr. Jim, along with

Fr. Lon, Br. Dan, and Sr. Brenda Rose, will be here and that so many people are committed to the ministry of this place of prayer. Let us pray for the gifts of patience and flexibility.



## 2020 Silent Retreats

### “A Listening Heart”

#### Men & Women’s Retreats

August 21-23 *Premiere*

#### Men’s Retreats

September 25-27  
October 30-Nov. 1  
December 4-6

#### Women’s Retreats

September 11-13  
September 15-17\*  
September 18-20  
September 29-Oct. 1\*  
October 27-29\*  
November 10-12\*

#### Married Couples Retreats

October 16-18

\*Midweek retreat

## Farewell. . .

We are sad to say farewell to **Fr. Bob Morin, OMI**, a member of our preaching team for the past two years. In July, he will join the preaching staff at King’s House in Belleville, Illinois.

Whenever something went wrong with our audio/visual equipment or computers, Fr. Bob was the man to call. Our prayers are with him for a smooth transition to his new home.

### Healing Retreat for Men and Women

## HEALING OUR TIRED HEART

Fr. Matt Linn, S.J.

Fri., July 10 – Sun., July 12, 2020

Caregivers, mothers, those in the helping professions, and anyone who is overworked often get edgy, sick, and even die prematurely because of “compassion fatigue.” When tired, we become long on negativity and short on compassion because we are giving more than we are receiving. Come if you are feeling tired, a bit negative, burdened or wishing you could change something in your life to get new life.

Retreat Begins: Friday, July 10 at 8:00pm  
Concludes: Sunday, July 12 at 12:45pm  
Suggested Offering: \$175.00 per person  
(A non-refundable deposit of \$30.00 per person is required.)

### Marriage Encounter Retreats for 2020-2021

OCTOBER 9-11 • FEBRUARY 12-14

To make a reservation, call 612-756-8720

### Engaged Encounter Retreats for 2020-2021

OCTOBER 10-11 • FEBRUARY 13-14

To make a reservation, call 651-426-9248

### Men and Women’s Silent Weekend Retreat

## HE EXPLAINED TO THEM THE SCRIPTURES

Fr. Mark Dean, O.M.I.

Fri., July 31 – Sun., Aug. 2, 2020

As the disciples walked along the road to Emmaus, they were joined by a stranger who opened for them a complete new understanding of Scriptures well-known to them. Inspired by Fr. James Alison, our presenter has come to see the Scriptures in a new light - a light whose source is the Risen Christ. During this retreat, we will look at a way of understanding ourselves and how this in turn impacts our understanding of God.

Retreat Begins: Friday, July 31 at 8:00pm  
Concludes: Sunday, August 2 at 12:45pm  
Suggested Offering: \$175.00 per person  
(A non-refundable deposit of \$30.00 per person is required.)

## Steps We’re Taking to Ensure the Health and Safety of Our Staff, Guests, and Visitors

**1. SCREENING** In an effort to keep everyone safe, Christ the King Retreat Center employees are screened prior to coming to work and guests will be screened using a health screening checklist at a check-in post just outside our main entrance. We ask that anyone who is experiencing a fever, cough, shortness of breath, headache, sore throat, muscle pain, and/or a new loss of taste/smell—or has come in contact with someone with these symptoms—to stay home.

**2. FACE MASKS** All staff members are required to wear a face mask during his/her shift. Likewise, all guests are required to wear a face mask when outside of his/her guest room. We ask that you bring a face mask(s) from home. However, disposable face masks will be provided to anyone who arrives on our premises without one. Retreat presenters must remain at least 10 feet away from their audience if wearing a face mask is not feasible.

**3. HAND HYGIENE** Employees are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, and all visitors to the retreat center are required to use hand sanitizer upon arrival. A bottle of hand sanitizer is located at each entrance and outside the gift shop.

**4. SOCIAL DISTANCING** Until further notice, all presentations and liturgies will be held in DeMazenod Hall (large conference room) to provide adequate social spacing. The chapel and garden court are available for private devotion and social distancing guidelines will be followed. The dining rooms (dependent on group size) are configured to allow for adequate social spacing, and social distancing guidelines will be followed in buffet lines as well. The maximum number of people allowed in any particular group will be determined by our building capacity and recommendations made by the State of Minnesota and the Archdiocese of St. Paul-Minneapolis.

**5. SANITIZATION MEASURES** Following guidelines established by Federal and State health authorities, Christ the King Retreat Center supervisors have created sanitization protocols to ensure the health and safety of staff, guests, and visitors. Completion of a formalized training program is required by all employees which includes department-specific sanitization procedures.

**6. MINIMIZE RISK** Given the size of the retreat center, it is imperative that we take every precaution to minimize the risk of possible exposure to COVID-19 as best we can. This means that seldomly used areas or areas that prove most difficult to sanitize will be closed off to staff and guests. We have also moved away from self-serve food and beverage options wherever possible.

### Weekend Workshop for Married Couples

## TRANSFORMING YOUR MARRIAGE THROUGH THE POWER OF THE EUCHARIST

Jim and Maureen Otremba

Fri., Aug. 7 – Sun., Aug. 9, 2020

The level of happiness in a marriage depends on the depth of intimacy a couple shares. As Catholics, our deepest source of sharing is the Eucharist. This retreat gives couples practical skills to make the Eucharist a weekly marriage enrichment by becoming a model for their marriage. This material will help any marriage heal and grow, from newlyweds to those married 50+ years.

Retreat Begins: Friday, August 7 at 8:00pm  
Concludes: Sunday, August 9 at 12:45pm  
Suggested Offering: \$350.00 per couple  
(A non-refundable deposit of \$60.00 per couple is required.)

**WEEKEND REGISTRATIONS  
FROM 4:00PM TO 8:00PM**

**MIDWEEK REGISTRATIONS  
FROM 1:00PM TO 3:00PM**

*Men and Women's Silent Weekend Retreat*  
**THE PREMIERE OF**  
**"A LISTENING HEART"**  
*King's House Preaching Team*

**Fri., Aug. 21 – Sun., Aug. 23, 2020**

Retreat Begins: Friday, August 21 at 8:00pm  
 Concludes: Sunday, August 23 at 12:45pm  
 Suggested Offering: \$160.00 per person  
 \$100.00 per person student rate

(A *non-refundable* deposit of \$30.00 per person is required.)

*Serenity (12-Step) Retreat*  
**GOD GRANT ME THE SERENITY**

*Fr. Richard Sudlik, O.M.I.*

**Fri., Oct. 2 – Sun., Oct. 4, 2020**

Anyone who has been part of the 12-Step Program knows the Serenity Prayer. But the Serenity Prayer said at most meetings is only a part of the prayer created by Protestant theologian Reinhold Niebuhr. During this retreat, we will delve more deeply into this prayer which allows us to become more dependent on our Higher Power.

Retreat Begins: Friday, October 2 at 8:00pm  
 Concludes: Sunday, October 4 at 12:45pm  
 Suggested Offering: \$175.00 per person

(A *non-refundable* deposit of \$30.00 per person is required.)

**DIRECTED RETREAT**

*Members of King's House Preaching Team*

**Mon., Oct. 12 – Fri., Oct. 16, 2020**

Registration Begins: Monday, October 12 at 3:00pm  
 Concludes: Friday, October 16 at 9:00am  
 Retreat Fee: \$300.00 per person

(A *non-refundable* deposit of \$50.00 per person is required.)

*Married Couples Retreat*  
**A LISTENING HEART**  
*King's House Preaching Team*

**Fri., Oct. 16 – Sun., Oct. 18, 2020**

Listening is the first sign of love. Our listening is a gift we have received from God and a gift that you are called to give to one another in the sacrament of Marriage. Trusting, respectful listening is a fundamental way to nourish and strengthen a marriage. Jesus always invites us to listen at a deeper level to his word and one another. The best gift you can give to one another is the gift of a listening heart!

Retreat Begins: Friday, October 16 at 8:00pm  
 Concludes: Sunday, October 18 at 12:45pm  
 Suggested Offering: \$320.00 per couple

(A *non-refundable* deposit of \$60.00 per couple is required.)

*Hope Day Retreat*  
**DEALING WITH LOSS**  
*Fr. Lon Konold, O.M.I.*

*Sr. Brenda Rose Szegedy, O.S.F.*

**Wed., Oct. 21, 2020 • 9:00am - 3:00pm**

The day will include conferences, time for quiet reflection, optional sharing, celebration of the Eucharist, and the sacrament of Reconciliation.

Suggested Offering: \$40.00 per person (includes lunch)

*Men and Women's Silent Weekend Retreat*  
**EUCHARIST AND THE**  
**HEALING OF THE EARTH**

*Fr. Joseph Nassal, C.P.P.S.*

**Fri., Nov. 13 – Sun., Nov. 15, 2020**

This retreat will explore the world as a "sacrament of communion" from the perspective of personal and planetary healing. We will reflect on how our celebration of the Eucharist is a communal act of reconciliation that reflects our commitment to care for the earth and each other. In the shelter of each other's care, in the challenge of each other's witness, we strive to be good stewards of creation and humble servants of Word and Sacrament around the altar of God's good earth.

Retreat Begins: Friday, November 13 at 8:00pm  
 Concludes: Sunday, November 15 at 12:45pm  
 Suggested Offering: \$175.00 per person

(A *non-refundable* deposit of \$30.00 per person is required.)

*Serra International Retreat*  
**SPIRITUAL INSIGHTS OF**  
**ST. TERESA OF CALCUTTA**  
**FOR MISSIONARY DISCIPLES**

*Archbishop Bernard Hebda*

**Fri., Nov. 20 – Sun., Nov. 22, 2020**

Mother Teresa, one of great saints of the 20th century, required her Missionaries of Charity to spend three days each year reflecting on the themes of *loving trust*, *total surrender*, and *cheerfulness*. Her insights have applicability not only for her Sisters but for all of us who are called to be missionary disciples, no matter our walk of life. In the course of this retreat, we will reflect on how our Church can be strengthened, how we can be renewed, and how the mission of Serra International can be advanced by a renewed commitment to growth in these three areas.

Retreat Begins: Friday, November 20 at 8:00pm  
 Concludes: Sunday, November 22 at 12:45pm  
 Suggested Offering: \$175.00 per person

(A *non-refundable* deposit of \$30.00 per person is required.)

*Registration open to non-Serrans after September 1, 2020.*

*Advent Day of*  
**CENTERING PRAYER**  
**AND LECTIO DIVINA**

*Fr. James Deegan, O.M.I.*

*Sr. Brenda Rose Szegedy, O.S.F.*

**Wed., Dec. 2, 2020 • 9:00am - 3:00pm**

Suggested Offering: \$40.00 per person (includes lunch)

*Advent Silent Retreat*  
**THE JOYFUL ANNOUNCEMENTS**  
**OF ADVENT**

*Susan Stabile*

**Fri., Dec. 11 – Sun., Dec. 13, 2020**

Advent is a season of joyful announcements, and our pre-Christmas cycle of readings focus on the unfolding revelation of the birth of Jesus. This retreat weekend offers us the opportunity to reflect on this unfolding revelation and invites us to reflect on our role in birthing Christ into our world today.

Retreat Begins: Friday, December 11 at 8:00pm  
 Concludes: Sunday, December 13 at 12:45pm  
 Suggested Offering: \$175.00 per person

(A *non-refundable* deposit of \$30.00 per person is required.)

**Thank you, Lord, for the generosity of:**

David Turk, David & Barbara Dries, Dolores Merrill, Dolores Dietz, Kenneth & Helen Foltz, Patrick Garry, Jon & Mary Gislason, InFaith Community Foundation, Gary & Peg Janisch, Jerry & Sharon Kelly, Patrick & Connie Lahr, Michael Meirick, Michael Miller, Elizabeth Pasela, James & Dolores Portz, Edward Ryan, Judy Schefers, Robert Schilmoeller, Patricia Schreier, Mary Staley, Lawrence & Suzanne Vanden Plas, Col. Jerome Ward, Carmelina Wheeler, Lenea Wheeler, Tim & Ruth Borell, Mary Boyer, Leo Burke, Laurence & Naomi Crepeau, Brianne & Christopher McCaffrey, Daniel & Mary Ann McDonell, Ron Nichols, Jim & Maureen Otremba, James & Roberta Ramsey, Rukavina Family Foundation, Ray & Barb Thomes, Jeffrey & Nancy Twidwell, Robert Warner, William Warner, Mary Weber, Steve & Jodi Wolf, Ray Zimmermann, Lee & Yvonne Clintsman

**“Wish List”**

- Roof Repairs in Joseph Hall \$8,000
- Window Treatments in Main Dining Room and Blue Lounge \$13,000
- Automate Sprinkler System \$5,000

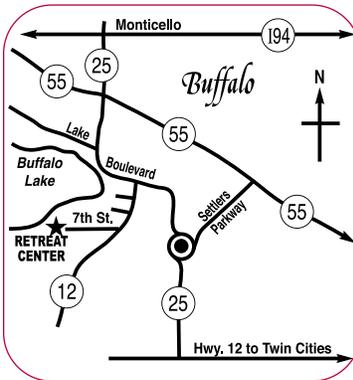
**MEMORIALIZE A ROOM**

Memorialize a retreat room here at King’s House in memory of a loved one. We will place a plaque on the door indicating that this room “has been dedicated in loving memory of \_\_\_\_\_ by their daughter, son, children, father or mother,” etc. For more information, please call Fr. Jim at 763-682-1394.

**DON'T FORGET**

You can always check out what’s happening at Christ the King Retreat Center online by visiting our web site: [www.kingshouse.com](http://www.kingshouse.com). It features a look at the retreat center, an introduction to our staff members, and a complete listing of upcoming programs.

 Like us on Facebook!



**REMEMBERING CHRIST THE KING...**

We invite you to remember CHRIST THE KING RETREAT CENTER in your will or to remember a loved one through a memorial gift. All bequests and gifts are not subject to taxation and retain their full value. Our legal title is:

Christ the King Retreat Center, Buffalo, MN 55313

**...A Ministry of The Missionary Oblates of Mary Immaculate**



**MAY THEY REST IN PEACE**

The following retreatants from Christ the King Retreat Center have died since the last listing or we have only recently become aware of their death. With faith and gratitude, we pray for our retreatants and friends that they may enter into eternal life.

*“Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.”*

- |   |               |
|---|---------------|
| Phil Haubner                                | February 2018 |
| Betty Kampa Miller                          | April 2019    |
| Sr. Mary Bonita Determan                    | April 2019    |
| John Tazuell                                | April 2019    |
| Gerry Koshiol                               | July 2019     |
| Michael Garry                               | October 2019  |
| Sr. Rosario Schlechter                      | November 2019 |
| Norma Zoren                                 | November 2019 |
| Fr. Al Svobodny, O.M.I.                     | December 2019 |
| Rosella Morgano                             | January 2020  |
| Jean Bengston                               | January 2020  |
| Leo Gagnon                                  | February 2020 |
| Marie Mondloch                              | February 2020 |
| Deacon Greg Steele                          | March 2020    |
| Rita Peters                                 | March 2020    |
| Mary Kloster                                | April 2020    |
| Dixie Labat                                 | April 2020    |
| Brenda Sienkiewicz, <i>beloved employee</i> | April 2020    |
| Ardelle Leblanc                             | May 2020      |



**A REMINDER** If you would like your name removed from the mailing list or have a change of address please call us at 763-682-1394 or e-mail [lpolman@kingshouse.com](mailto:lpolman@kingshouse.com). **PLEASE**, when sending a check, put on the check if it is for a donation or for a retreat.

**Registration Form**

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Date of retreat and program you wish to attend: \_\_\_\_\_

Please submit your registration form and non-refundable deposit to  
 Christ the King Retreat Center • 621 First Avenue South • Buffalo, MN 55313-1399  
 Phone: 763-682-1394 • Fax: 763-682-3453 • [christtheking@kingshouse.com](mailto:christtheking@kingshouse.com)