

# Christ the King Retreat Center

*A Ministry of the Missionary Oblates of Mary Immaculate*

*"He has sent me to bring Good News to the Poor. . . The Poor have heard the Good News"*

The spirit of St. Eugene is inspired by Isaiah 61:1.

St. Eugene DeMazenod, Pray for Us!

763-682-1394 • 621 First Ave S • Buffalo MN 55313-1399 • [www.kingshouse.com](http://www.kingshouse.com)

Advent 2022

## ***Dear Member of the Christ the King community,***

This time of the year is one of Thanksgiving and Joy. We give thanks for the blessings that God has bestowed upon us and we are joyful that God continues to dwell among His people.

I write to you as members of the Christ the King community. How are you members? You are part of us by your continued support of our mission to "Preach the Gospel to the Poor". This phrase is at the heart of the charism of the Oblates of Mary Immaculate. Our founder, St. Eugene DeMazenod, let this call shape his life and our lives too.

How are you members of the Christ the King community? You are members of this community by your presence at our Preached/Silent retreats. Covid has reduced the numbers of those attending our retreats. My prayer is that as Covid becomes a bad dream, the number of those attending our retreats will continue to grow. We have been encouraged by the number of first-timers here at Christ the King during the last year. We pray that our faithful retreatants and patrons will continue to return to this place of prayer and renewal.

How are you members of the Christ the King community? You are members by your generous gifts. I often tell our guests that a retreat house is an expensive proposition. In this time of inflation, it has become even more

so. The sacrificial financial gifts of so many allow us to make our retreat experience available at a reasonable cost. My prayer is that many of the Christ the King community will continue to place a gift under our Christmas tree.

Included with this letter is an envelope with a space to offer your prayer requests. Know that all prayer requests received, by mail or any other means, are placed before the altar and remembered at all Masses said at the Retreat Center. Your prayers are the greatest gift that you can give your family and friends. Your prayers are also the greatest gift that we receive from you, our patrons and retreatants, along with the donations that you send. No gift is too small. As we are stewards of the gifts we receive, we strive in this economy to utilize these gifts to maintain the center and continue the mission and ministry that was begun here over 70 years ago.

With the help of the Christ the King community, we will continue to be DABINAWA—a place of shelter, solitude and peace.

In Jesus the Lord,

Fr. Richard Sudlik OMI

## ***St. Eugene's Wish List***

Born into French high society, Eugene de Mazenod experienced life in a dysfunctional family. With God's healing help, Eugene was freed to offer his gifts and talents for the good of others. Father de Mazenod in his preaching and teaching, taught the neglected workers and street people about the love and healing compassion of God. For over 70 years, King's House has relied on the generosity of our retreatants to provide the means to continue the ministry of the Oblates to help them know the love and healing compassion of God. In the faith and trust of Jesus and Mary, our Mother, we humbly put forward a "Wish List" for those items most needed by King's House at this time.

### **Smaller Needs:**

Liturgical Items for Mass (\$100)  
Gift Shop Display for rosaries and prayer cards (\$600)  
Portable LCD Projection Screen (\$250)

### **Mid-Size Needs:**

New Curtains & Rods in Guest Rooms (\$4,100)  
Crack sealing and sealcoating parking lot (\$6,000)  
Repair of Electrical Lights for the Outdoor Stations (\$6,500)

### **Larger Needs:**

Sewer Line Repair (\$17,000)  
Replace Shower Enclosures Mary Hall (\$15,000)  
Carpet in Reception area, Gift Shop & Lethert House (\$20,000)  
New Boiler (\$16,000)

*All donations made to Christ the King Retreat center are tax deductible, as permitted by law. Donations will be used, at the discretion of the organization, to further the purpose indicated by the donor.*

## 2023 Retreats – “Shepherd Me, O God”



The image of the Shepherd is central to our scriptural understanding of God. Psalm 23 is the Shepherd's Psalm. Jesus embraces this image when He proclaims that He is the Good Shepherd. It is the Lord Jesus who leads us and guides us through the dark places of life into the promised peace of the Kingdom.

### Men's Silent Weekend Retreats

Jan. 13-15 / Jan. 20-22 / Feb. 10-12 / Mar. 17-19 /  
Sep. 22-24 / Oct. 27-29 / Dec. 1-3

*Please note: Nov. 3-5 was moved to Oct. 27-29 due to scheduling conflicts. Please check your calendar for the new dates.*

### Women's Silent Retreats

Weekend - Jan. 27-29 / Feb. 24-26 / Mar. 31- Apr. 2 /  
May 19-21 / Sep. 8-10

Midweek - Feb. 21-23 (Ash Wednesday) / Mar. 14-16 /  
June 5-8 (4-days) / July 11-13 / Sep. 19-21 / Sep. 26-28 /  
Oct. 3-5 / Nov. 7-9

### Married Couples Weekend Retreats (not silent)

Mar. 3-5 / Oct. 6-8

### Lenten Silent Midweek for Men & Women

Mar. 21-23

Suggested donation for Weekend and Midweek retreats:

\$220 per person (\$50 deposit + \$170).

Women's 4-day Retreat suggested donation:

\$350 (\$50 deposit + \$300).

### 24-hour Silent Retreat for Men & Women

*formerly "Parish Professionals"*

Apr. 25-26 • 11:00 am Tues. to 1:00 pm Wed.

Suggested donation: \$120 per person

### Sisters' Intercommunity Retreat (6 nights)

June 17-23

Suggested donation: \$660 per person (\$50 deposit + \$610).

*Please note: these dates are earlier than listed in our previous newsletter. Please check your calendar for the new dates.*

### Weekend Retreats

Check-in 4 to 8 pm / Retreat starts at 8pm

### Midweek Retreats

Check-in 1 to 3 pm / Retreat starts at 3pm

### Private Directed Retreats for Men & Women

Feb. 13-17 / June 23-30 / Oct. 23-27

*Please Note: The June 23-30, 2023, Directed retreat dates are later than listed in our previous newsletter. Please check your calendars for the new dates.*

### Lenten Day of Centering Prayer/Lectio Divina

Mar. 1, 9:00 am to 3:00 pm

Day retreat focusing on the Lenten scriptures, practice of Lectio Divina and Centering prayer. Beginners welcome.

Suggested donation: \$50 per person; includes lunch.

### Weekend Retreat for Men & Women

presented by Fr. Greg Paffel

Mar. 10-12 / "Good Shepherd"

"Beside restful waters he leads me; he refreshes my soul." Psalm 23:2-3. We are invited to renew our faith in God, to find hope in His Word, and to let ourselves be loved by Him. Themed on Jesus as the Good Shepherd, this retreat will lead us to the living waters of the Holy Spirit. Praise & Worship included.

Suggested donation: \$240 per person (\$50 deposit + \$190).

### Women's Day of Reflection, presented by Susan Stabile

Mar. 18, 9:00 am to 3:00 pm / "Celebrating Female Mystics"

In the words of one author, "To rediscover the story of the Christian mystics is a great adventure. . . The Christian mystics speak to us across the centuries, and if we listen, we can learn something about the deepest experiences of their lives, so that we too may glimpse the glory of God and feel the healing touch of the Spirit." Many of the great mystics of the church have been women. This day invites one to consider and pray with the writings and reflections of medieval mystic Hildegard of Bingen, and recent mystic, Simone Weil. The day includes talks, time for individual reflection and sharing.

Suggested donation: \$60.00; includes lunch.

### Holy Week Retreat for Men & Women (4 days)

presented by Fr. Hank Lemoncelli, OMI

Apr. 5-8 / "No Greater Love..."

During this, the holiest week of the Church's Liturgical Calendar, we will seek to deeply enter into the significance of the Last Supper, Betrayal, Denial, and Passion and Death of our Savior. Our reflections should lead to a more joyful celebration of Easter and a greater appreciation of this Solemnity.

Suggested donation: \$350 per person (\$50 deposit + \$300).

### Hope Day Retreat: Finding A Reason to Hope

May 18 and Oct. 18, 9:00 am to 3:00 pm

presented by King's House Preaching Team

Change is a constant of life and loss interrupts the flow of life... the death of a loved one, illness, disappointment, economic change or job loss, rejection. How does one find hope? Join us to claim the loss, begin the journey to hope and discover the path to new life amidst the changes.

Suggested donation: \$50 per person; includes lunch.

**Retiro en español para hombres y mujeres,  
presentado por Padre Juan Gaspar, OMI  
y Padre Hank Lemoncelli, OMI**

*Julio 7-9 / "El Señor es mi pastor"*

La imagen del pastor es fundamental para nuestra comprensión bíblica de Dios. El Salmo 23 es el Salmo del Pastor. Jesús adopta esa imagen cuando proclama que Él es el Buen Pastor. Es el Señor Jesús quien nos conduce y guía a través de los lugares oscuros de la vida hacia la paz prometida del Reino.

Suggested donation: \$220 per person (\$50 deposit + \$170).

**Men & Women's Silent Weekend  
presented by Fr. Matt Linn, SJ**

*July 14-16 / "Do This and You Will Live: Becoming Fully Alive"*

Jesus' Good Samaritan parable is the key to receive and share in the fullness of life. We go through life either being the victim by the road side, the fearful priest, or the Good Samaritan stopping to share because he is so full of life. This retreat will heal the times we have been a victim, are suffering now or anxious about the future. We can then be fully alive with the courage, compassion and wisdom of the Good Samaritan. As the parable promises, "Do this and you will live" fully – right now and forever.

Suggested donation: \$240 per person (\$50 deposit + \$190).

**Men & Women's Silent Weekend  
presented by Fr. Ron Rolheiser, OMI**

*Aug. 4-6 / A Theology and Spirituality of Sexuality –  
Understanding the Complex Fire Within*

Sexuality is an integral part of the soul and its energies must be understood and channeled within a framework that respects the soul. Indeed, the union of sexuality and spirituality is like an electrical connection. A bad connection is disastrous. No connection is equally bad. A good connection generates life and joy. Lived through lovingly and faithfully, sex, perhaps more than anything else, has the power to help us break the casings of selfishness and bitterness and open us further and further to a more gracious adulthood. But, rarely, in any religion or culture, has there been a truly generative connection between sexuality and spirituality. How do we bless Eros and at the same time protect its sacred depth? How do we befriend, enjoy, and celebrate sexuality, even as we properly protect it and ourselves?

Suggested donation: \$270 per person (\$50 deposit + \$220).

**Men & Women's Silent Weekend  
presented by Fr. Charles Lachowitzer**

*Aug. 18-20 / "Unwrapped Presents"*

Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety and Fear of the Lord. We studied them in our youth and received them as the gifts of the Holy Spirit at Confirmation. Chances are that one or more of these gifts are still unwrapped. This is an inspiring weekend to unwrap, open and receive anew the seven-fold gifts of the Holy Spirit and the Church of Pentecost.

Suggested donation: \$240 per person (\$50 deposit + \$190).

**Serenity (12-Step) Retreat For Men & Women  
presented by Ruth Hoenick**

*Sep. 29-Oct. 1 / "Brilliant Light in Recovery"*

Recovery is about looking at the light in yourself. 12-Step programs help one step out of darkness and into the light of a new day. Each person finds the light within themselves and spreads the glow of new experiences, of changed attitudes, thinking and behaviors. One moves into an illuminated relationship with God, sheds light on who they were and who they are becoming, beams in transformative relationships with others, and lights the way for self and others through prayer and meditation.

Suggested donation: \$240 per person (\$50 deposit + \$190).

**Men & Women's Silent Weekend  
presented by Fr. Joseph Nassal, C.P.P.S.**

*Nov. 10-12 / "Celebrating our Stories of Faith"*

"Stories are for joining the past to the future." Tim O'Brien. We are all caretakers of the sacred stories that shape who we are as people of faith. Some of these are personal stories that compose the narrative of our lives and gift us with memory and meaning. Other stories are communal—the tales of tender mercy and compassion we have experienced in our families and faith communities. When we gather up these stories, remember the people, and retrieve the experiences and events that have given us a sense of place in the world, we find the courage and compassion we need to continue the journey.

Suggested donation: \$240 per person (\$50 deposit + \$190).

**Advent Day of Centering Prayer/Lectio Divina**

*Dec. 6, 9:00 am to 3:00 pm*

Day retreat focusing on the Advent scriptures, practice of Lectio Divina and Centering prayer. Beginners welcome.

Suggested donation: \$50 per person; includes lunch.

**Advent Silent Retreat for Men & Women  
presented by Susan Stabile**

*Dec. 8-10 / "For God So Loved the World"*

Advent is the time that we come to a deeper understanding of what it means that God became human in the person of Jesus Christ. This time of preparation for the birth of Christ affords us the opportunity to deepen our relationship with God, to grow in the spiritual freedom necessary to welcome Christ more fully into our hearts and lives, to reflect and pray on the spiritual dimension of Advent and discern how we may grow in our response to the gift of Incarnation. Come and deepen your understanding of what it means for you to participate in birthing Christ into our world.

Suggested donation: \$240 per person (\$50 deposit + \$190).



Christ the King Retreat Center  
621 First Ave S  
Buffalo MN 55313

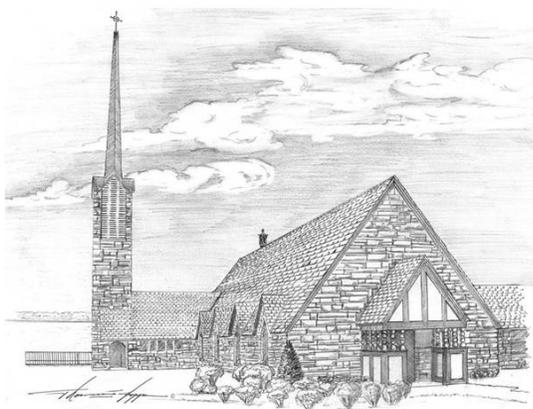
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## ADVENT 2022 NEWSLETTER

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### Christ The King Retreat Center

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Email: christtheking@kingshouse.com

**Find us online at [www.kingshouse.com](http://www.kingshouse.com).**

Register for upcoming retreats  
Information on Spiritual Direction  
Private retreats and hosted group information  
Picture tour of our grounds and facility  
Checkout our Facebook page

*Oblate Shrines & Renewal Centers d.b.a. Christ the King Retreat Center is a 501(c) charitable organization. Donations made to Christ the King are tax deductible.*

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**Have you MOVED? Please send any address changes and updates to [christtheking@kingshouse.com](mailto:christtheking@kingshouse.com) or call us at 763-682-1394.**

## **RETREAT REGISTRATION FORM**

Name and dates of Retreat you are attending \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Regular meal**     **Vegetarian meal**     **Gluten free meal**

Please enclose the Retreat Deposit of \$50.00 per person.

**Make checks payable to:** Christ the King Retreat Center

**Mailing address:** 621 First Ave S, Buffalo, MN 55313-1399

**Register online at [www.kingshouse.com](http://www.kingshouse.com)**