



# Christ The King Retreat Center

621 First Ave S • Buffalo, MN 55313 • 763-682-1394

[www.kingshouse.com](http://www.kingshouse.com)

ChristTheKing@kingshouse.com

MONTHLY NEWSLETTER

OCTOBER 2023

## Wine & the Word

### “Wine at the Last Supper and the Seder Meal”

At the first Wine & the Word, Fr. Richard talked about the connection between the Jewish Seder meal and the Lord's Supper. At the Seder meal, there are four times that wine is shared. The 3rd of these cups is called the Cup of Redemption. It is over this cup at the Seder Meal (Last Supper) with Jesus and his disciples that Jesus proclaims, “This is the cup of my blood of the everlasting covenant”. Jesus is the new Moses bringing his people out of slavery.

We had 20 guests who attended and enjoyed the evening. Buffalo Rock Winery provided our wine.

Plan to join us at our next Wine & the Word on October 19. Fr. Hank will present on Wine in the Old Testament.



### *This Month's 1-minute Retreat*

#### *Feast of St. Francis of Assisi Oct 4*

Francis of Assisi was a 13th-century saint who renounced his wealth and founded the Franciscan order of friars. Contemplate on this portion of his Canticle of the Creatures.

Most High, all-powerful, good Lord,  
yours is the praise, the glory and the  
honor and every blessing. To you alone,  
Most High, do they belong, and no one  
is worthy to speak your name. Praised  
be you, my Lord with all your creatures,  
especially Sir Brother Sun, who is the  
day through whom you bring us light.  
And he is lovely, shining with great  
splendor, for he heralds you, Most High.

### Maintenance Construction Project

Thank you for all who so generously contributed to our urgent need to fix the rainwater problem leaking into the basement of the Garden Court and our Maintenance office. The project took 3 weeks to complete and involved moving underground electrical cables, installing sump-pump stations and rerouting drain lines. We temporarily closed the circle driveway. So thank you to the retreatants who were rerouted along the sidewalks to enter their retreat. We will lose the birch tree in front of the chapel entrance and will work to replace the flowers that were lost along the walls. Thankfully our prayers were answered that no one was injured on this project despite the rain which extended the work. God gave us beautiful weather to work in. Donations continue to be accepted to help cover these costs. Your generosity to the Retreat Center and our mission to be a place of retreat for so many is truly a gift from God and we are so thankful and blessed. God is Good...All the Time.

*St. Eugene De Mazenod is the founder of the Missionary Oblates of Mary Immaculate and the Patron Saint of Dysfunctional Families. St Eugene, Pray for Us!*



**2024 Retreat Theme**

**“Do This In Memory of Me”.**

These words of Jesus, spoken at the Last Supper with his disciples on the night before he died, remind us of the great gift Jesus gave the disciples, which is the gift of His Presence as he becomes for them the Bread of Life and the Cup of Salvation. In this time of Eucharistic renewal and revival, we will remember Jesus as he is truly present in the Eucharist as the eternal sacrifice and the manna for the journey of life.

Registrations are currently online for retreats in January—September 2024 at [kingshouse.com](http://kingshouse.com) or contact us to send you a schedule.

**REGISTER for Retreats ONLINE:**

Click on this link

<https://kingshouse.com/events/>

**DONATING Online is simple and easy!!!**

Go to our website or click on “Donate” in the top tool bar Or Click on this link:

<https://kingshouse.com/our-history/donate/>

Christ the King Retreat Center is 501(c) charitable organization and a ministry of the Missionary Oblates of Mary Immaculate. **We receive no subsidies from the Oblates and rely completely on the generosity of our retreatants and benefactors.** All contributions to Christ the King Retreat Center are tax deductible to the extent permitted by law.

**Remember CTKRC in your estate planning.**

Our committed donors know that their 70 years of giving is just the beginning of the legacy that has helped to sustain us. Through your planning, King’s House can remain a place of retreat for future generations.

**St. Eugene’s Wish List**

After our Advent weekend retreat on Dec 8-10, we have the opportunity to complete some of the maintenance and cosmetic items on our wish list. In order to make this happen, we are in need of the funds to accomplish them. A few of the projects we’d like to work on this year are:

*Replace Shower Enclosures Mary Hall (\$15,000)* - The showers were installed in the 60’s and are of odd size now, so this will be a custom job. Many are cracked and need replacing.

*Replace Front Doors* with ones that seal to keep out cold and bugs (\$2000). These were installed in the 1990’s and are a source of heat loss.

*Replace worn carpet in Reception area, Gift Shop & Lethert House (\$20,000);* again installed in 1990’s and very worn and stained in places.

*Install new curtains and curtain rods in the Joseph Hall Sleeping Rooms (\$750);* again installed in 1990’s and now falling apart.

We realize the Season of Giving is upon us and we look to the Gospel of Mark 12:41-44, that remind us of the poor widow’s contribution. Whatever amount you can give, combined with the gifts of others, will make a reality of our mission to be a renewed place of retreat for generations to come.

We are blessed by your generosity!!

**Scan this QR code to donate on your mobile device:**



*I was going to take up running or jogging, but Proverbs 28:1 says, “The wicked run when no one is chasing them”. So there’s that.*

**Last Chance for “Shepherd Me, O God”,** presented by **King’s House Retreat Staff**



The Shepherd is central to our scriptural understanding of God. Psalm 23 is the Shepherd’s Psalm. Jesus embraces that image when He proclaims that He is the Good Shepherd. It is the Lord Jesus who leads us and guides us through the dark places of life into the promised peace of the Kingdom.

Women’s Silent Midweeks: November 7-9

Men’s Silent Weekends: October 27-29; December 1-3

Married Couples Weekend: October 6-8

Weekend Retreats: Check-in 4 to 8 pm, Retreat starts at 8 pm

Midweek Retreats: Check-in 1 to 3 pm, Retreat starts at 3 pm

Retreat ends at 1 pm on the Last Day of the Retreat

\$50 deposit with registration

*The value of the 3-day retreat is \$220 per person. During the retreat, we will ask each retreatant to prayerfully discern and make a donation to cover retreat costs. Any amount given above the value helps to cover the cost for those unable to make the full donation. If you or a friend would appreciate a retreat experience and are hesitant to attend due to financial restriction, please contact our office to complete your registration.*

(NEW) Day Retreat: Holiness of the Saints  
Oct 18 - King’s House Retreat Staff

Advent Day of Prayer  
December 6 – King’s House Retreat Staff

Men & Women’s Silent Weekend  
“Celebrating our Stories of Faith”  
November 10-12 – Fr. Joseph Nassal

Advent Silent Retreat for Men & Women  
“For God So Loved the World”  
December 8-10 – Susan Stabile



**Registration Form:**

Name of Retreat and Dates: \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

PER PERSON: Deposit of \$50 enclosed \_\_\_\_\_ OR Total Retreat Fee Enclosed \_\_\_\_\_

\_\_\_\_ Gluten Free \_\_\_\_ Vegetarian \_\_\_\_ Regular Menu

NOTES: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**Please make Checks Payable and mail to:** Christ the King Retreat Center, 621 First Ave S, Buffalo, MN 55313