



# Christ The King Retreat Center

621 First Ave S • Buffalo, MN 55313 • 763-682-1394

[www.kingshouse.com](http://www.kingshouse.com)

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MONTHLY NEWSLETTER

NOVEMBER 2023

## Wine & the Word

### “Wine in the Old Testament”

“The Lord gives us wine to make our heart glad,” the Psalms tell us. (Ps 104:15) Wine was a gift from God (Deut. 7:13, Ps. 104:15) and at the end of time, it would be provided in great abundance. (Jer. 31:12; Joel 3:18, Amos 9:13-14) That theme of abundance is key: bread meant life, but wine meant something extra added on to life. It meant abundance, and was used in both feasting and mourning to celebrate good times (Eccles. 10:19) and to dull the pain of bad times (Prov 31:6). God’s promise of wine would have been a symbol of salvation to the Jews. It was against this background that Jesus made wine the source of his first miracle John, and then placed it, along with bread, at the center of the Eucharistic celebration.

Fr. Hank referenced an article by Thomas L. McDonald. <https://thomaslmcdonald.wordpress.com/2012/12/06/wine-in-the-old-testament/>

We had 25 guests who attended and enjoyed the evening with much discussion. Buffalo Rock Winery provided our wine. Plan to join us at our next Wine & the Word on Nov 16. Fr. Sudlik will present on New Wine—Old Wineskins.

### *This Month’s 1-minute Retreat*

#### *Feast of All Souls - November 2*

Thus he made atonement for the dead that they might be absolved from their sin.

2 Maccabees 12:46

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



*St. Eugene De Mazenod is the founder of the Missionary Oblates of Mary Immaculate and the Patron Saint of Dysfunctional Families. St Eugene, Pray for Us!*



## 2024 Retreats

### “Do This in Memory of Me”

These words of Jesus take us to the supper that Jesus shared with his disciples on the night before his death and remind the disciples of the great gift Jesus gave them, which is the gift of His presence as He becomes for them the Bread of Life and the Cup of Salvation. In this time of Eucharistic renewal, we will remember that Jesus is truly present in the Eucharist as the eternal sacrifice and the manna for the journey of life.

On that sacred night, the disciples remembered many things. They remembered that they were to be one as Jesus and the Father are one. That they were the branches connected to Jesus, The Vine. That whatever they did or didn’t do for the least of them, they did or didn’t do for the Lord. And that they were to forgive as the Lord has forgiven them. It is these memories that will guide our retreats for the year 2024.

#### Women’s Silent Retreats

January 19-21 – Weekend

February 13-15 Lenten Midweek (Ash Wed)

February 23-25 – Weekend

March 12-14 – Midweek

April 5-7 – Weekend

#### Men’s Silent Weekend Retreats

January 12-14; February 9-11; March 8-10

#### Married Couples Weekend Retreat

February 6-18

#### Lenten Silent Midweek for Men & Women

March 19-21

Register Online at [kingshouse.com](http://kingshouse.com)



Thanksgiving Prayer By Abigail Van Buren

O, heavenly Father:  
 We thank thee for food and remember the hungry.  
 We thank thee for health and remember the sick.  
 We thank thee for friends and remember the friendless.  
 We thank thee for freedom and remember the enslaved.  
 May these remembrances stir us to service,  
 that thy gifts to us may be used for others. Amen.



**REGISTER for Retreats ONLINE:**  
 Click on this link  
<https://kingshouse.com/events/>



**Multiple Choice Bible Trivia  
 Answers on Page 3**

1. What day of the liturgical calendar is considered Divine Mercy Sunday?
  - a. The Sunday following All Saints Day.
  - b. The Second Sunday of Easter.
  - c. Easter Sunday.
  - d. The Sunday following Christmas Day.
  
2. What flower is St. Joseph often holding in holy cards and statutes?
 

|         |                   |
|---------|-------------------|
| a. Rose | b. Lily           |
| c. Iris | d. Bethlehem star |
  
3. The Feast of St. Blaise follows the Feast of the Presentation of the Lord and is celebrated on what day?
 

|              |                 |
|--------------|-----------------|
| a. June 15th | b. February 3rd |
| c. March 1st | d. January 1st  |
  
4. When electing a new pope, where do the cardinals of the Church conduct the voting?
  - a. In the Vatican library
  - b. In the Basilica of St. Peter
  - c. In the Sistine Chapel
  - d. In the Papal Gardens
  
5. The reigning pope, Pope Francis, is the \_\_\_\_\_ pope?
 

|          |          |          |          |
|----------|----------|----------|----------|
| a. 263rd | b. 198th | c. 266th | d. 304th |
|----------|----------|----------|----------|



**Leave a Legacy with Lasting Impact**

Our benefactors make King’s House a better place through the gifts of their prayers, their time, their lives, and their generosity. They become co-missionaries with the Missionary Oblates of Mary Immaculate by helping us spread the Gospel message of Jesus Christ to bring the Good News to the poor. Our ministry here at King’s House has always been to be a place of retreat, refuge from the world, a place of peace, where one can connect, or reconnect, one’s relationship with the Lord. Many who have come here are the poor, in a sense, and their lives become richer in their renewed relationship with the Lord Jesus Christ.

We have outlined the legacy options available to support our ministry. While these options have always been available, we’ve put the information in one place: Wills and Bequests, Beneficiary Designations, Charitable IRA Gifts, Donor-Advised Funds (DAFs), and Stock Gifts. Details of these options are posted on our website and will be detailed in the December 2023/Advent newsletter.

Christ the King Retreat Center is 501(c) charitable organization and a ministry of the Missionary Oblates of Mary Immaculate. We receive no subsidies from the Oblates and rely on the generosity of our retreatants and benefactors. All contributions to Christ the King Retreat Center are tax deductible to the extent permitted by law.

For more information, contact Connie O’Koneck at 763-682-1394, ext 110 or [cokonek@omiusa.org](mailto:cokonek@omiusa.org).

Oblate Shrines and Renewal Centers  
 d.b.a. Christ the King Retreat Center  
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This year has been marked by inflation and economic instability for everyone. Your gifts to Christ the King Retreat Center will help us continue the important work we do at a cost that is affordable, and provide assistance to those who cannot otherwise afford a retreat. Remember – it is tax deductible!



Scan this QR code to donate on your mobile device, or Click on this link: <https://kingshouse.com/our-history/donate/>

# “Shepherd Me, O God”, presented

by **King’s House Retreat Staff**

Women’s Silent Midweeks: November 7-9

Men’s Silent Weekends: December 1-3

\$50 deposit with registration

*The value of the 3-day retreat is \$220 per person. During the retreat, we will ask each retreatant to prayerfully discern and make a donation to cover retreat costs. Any amount given above the value helps to cover the cost for those unable to make the full donation. If you or a friend would appreciate a retreat experience and are hesitant to attend due to financial restriction, please contact our office to complete your registration.*

Advent Day of Prayer—Dec 6 – King’s House Retreat Staff

Men & Women’s Silent Weekend: - Nov 10-12 – Fr. Joseph Nassal - “Celebrating our Stories of Faith”

Advent Silent Retreat for Men & Women: Dec 8-10 – Susan Stabile “For God So Loved the World”



## Trivia answers:



1. b - The Second Sunday of Easter
2. b - Lily. The lilies symbolize integrity indicating that St. Joseph was the earthly spouse of the Blessed Virgin Mary, whose purity is represented by the chaste white lily. The three flowers are used to represent the Blessed Trinity.
3. b. February 3rd
4. c. In the Sistine Chapel
5. c. Pope Francis is the 266th pope and the first one with the name Francis.



### Registration Form:

Name of Retreat and Dates: \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

PER PERSON: Deposit of \$50 enclosed \_\_\_\_\_ OR Total Retreat Fee Enclosed \_\_\_\_\_

\_\_\_\_ Gluten Free \_\_\_\_ Vegetarian \_\_\_\_ Regular Menu

NOTES: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Please make Checks Payable and mail to: Christ the King Retreat Center, 621 First Ave S, Buffalo, MN 55313

