

# Christ The King Retreat Center

621 First Ave S • Buffalo, MN 55313 • 763-682-1394

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MONTHLY NEWSLETTER

JUNE 2024



**June 5, 6, 7 - 9:30 am to 3 pm**

**June 8—9:30 am to Noon**

**Christ the King Retreat Center  
621 First Ave S, Buffalo MN 55313**

**Please, NO Early Arrivals.**

**Park in the Middle parking lot  
Sale is in the Lower Parking lot and  
Oblate garage.**

## SURVEY TIME!!

When Christ the King started having retreats in the 1950's, they began with Men's weekend retreats and added Women's retreats during the midweek. Later Women's weekend retreats were added and Day Retreats were added during the midweek. In today's work culture, there seems to be a more diversified work schedule and people struggling to balance work and home life and somehow fit their spiritual life into the balance. We have created a short survey to find out when would be the best time to you to go on retreat.

Copy this link to your web browser <https://kingshouse.breezechms.com/form/04a02d11> June 2024 Retreatant Survey Form

*Password for both is retreat*



Scan this QR code to use your mobile Device:

If you know of anyone who wants to go on retreat, but can't find the time, please forward them this survey so we can include this information in our future planning. Thank you!!



## *This Month's 1-minute Retreat*

June 2—Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)

At every Mass our attention is called to the Eucharist and the Real Presence of Christ in it. We are also called to focus on the Body of Christ as it is present in the Church. The Church is called the Body of Christ because of the intimate communion which Jesus shares with his disciples. He expresses this in the gospels by using the metaphor of a body in which He is the head. This image helps keep in focus both the unity and the diversity of the Church.

We each come from different walks in life. How has my understanding of the Eucharist changed since I first learned about what Eucharist means? How can I be more present with Jesus in the Eucharist when I receive Him at Mass? Have I grown in my understanding of the presence of the Body of Christ in the ministries of my Church family?

Eternal God, nourished by your very life, let your face shine upon us and through us, so that we in turn may radiate your love and joy to others. For this and all the prayers we have offered we ask through Christ our Lord. Amen.

*St. Eugene De Mazenod is the founder of the Missionary Oblates of Mary Immaculate and the Patron Saint of Dysfunctional Families. St Eugene, Pray for Us!*



**Comments from Recent Evaluations:**

One retreatant asked about having clock's about the place. There are 2 clocks, one in the Coffee Room above the door to the elevator/stairway and one above the entrance to DeMazenod Hall which is visible in the Main Reception area. Alarm Clocks are available at the Front Desk if you want one in your sleeping room to help keep you on time.

There was a comment about meals being optional. Yes, please feel free to not attend the meals. We want our retreatants to participate at the level they feel comfortable. We do not "take attendance" at meals, conferences or any of the liturgies, so if someone misses a meal or two or a liturgy or conference, we respect their decision to not attend.

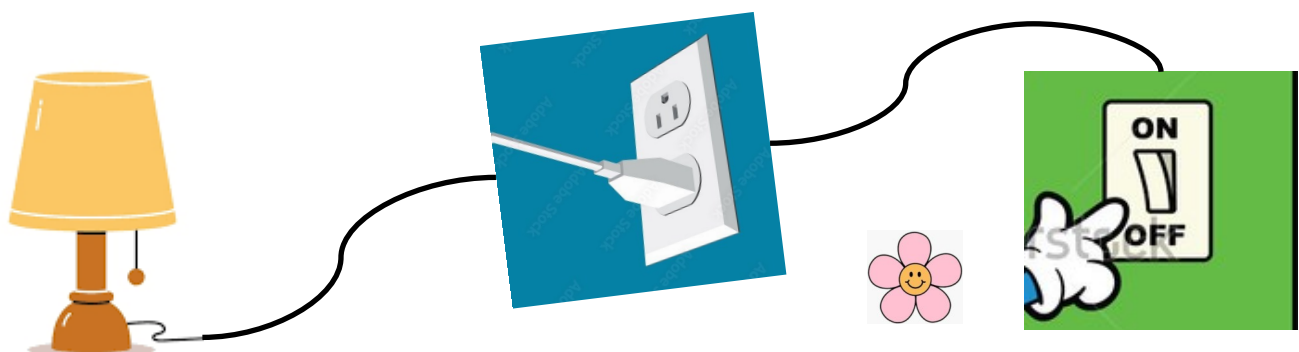
We had comments about not enough silence and too much silence. As we have many retreatants who are new, sometimes getting into and staying in silence can be a challenge. We encourage silence in all public areas and hallways and when walking from place to place. We have designated areas for quiet conversation in the Coffee Room in Mary Hall and Breakout Room C/D in Joseph Hall, so that those who may want to discuss a topic from the retreat or just catch up have a place to meet and be in community.

Repairs and fixes about the buildings and grounds: We are aware of many of the concerns brought up in the evaluations. Please see our Wish List for information on replacing the glass panels in the bathrooms in the Mary Hall sleeping rooms. Two people who have dedicated sleeping rooms to a loved one or family member have indicated that they would again provide funds to cover the glass repairs for that room. Please contact Connie if you would like more information on how to help replace the shower panels.

*Maybe the most frequent concern is that there is a lightbulb or lamp that doesn't work. Some of the electrical outlets in your room are run by the light switch on the wall by the door. If the desk lamp isn't working with the switch on the lamp try the switch on the wall. If the outlet by the bed doesn't seem to be working, try the light switch by the door. Of the two plug-ins in the same outlet box—one or both may be on the light switch by the door, the other one may always be hot, which doesn't need the switch. So if one doesn't work, try the other, or the switch by the door. I know this is time consuming and frustrating, but this is how the building was wired in the 1960's for Mary Hall and in the 1990's for Joseph Hall. For ALL ROOMS, there is an outlet by the window which is always live. In Mary Hall, this may be hidden by the drapes.*

It is through the generosity of our retreatants and benefactors that our St Eugene's (Fix-it) Wish List will continue to get smaller. THANK YOU!! For the blessings of your generosity and your continued prayers for the Oblates and the retreat center.

There are many comments praising Fr. Richard, Fr. Hank, Deacon Steve and Sr. Carol for their presentations. We are truly blessed to have them share with our retreatants their gifts and talents bringing about new and inspiring insights into their faith journeys and the presence of God in their lives.



## 2024 “Do This in Memory of Me”

With these words, Jesus take us to the supper He shared with his disciples on the night before his death reminding the disciples of the great gift Jesus gave them, the gift of His presence as He becomes the Bread of Life and the Cup of Salvation. In this time of Eucharistic renewal, we will remember that Jesus is truly present in the Eucharist as the eternal sacrifice and manna for the journey of life. On that sacred night, the disciples remembered many things: that they were to be one as Jesus & the Father are one; that they were the branches connected to Jesus, The Vine; that whatever they did or didn't do for the least of them, they did or didn't do for the Lord; and that they were to forgive as the Lord has forgiven. Our retreat will be guided by these memories.

### Women’s Silent Midweek

July 9-11, Sept 24-26, Oct 8-10, Nov 5-7

### Women’s Silent Weekend—Sept 24-26

### Men’s Silent Weekend Retreats

Sep 27-29, Nov 1-3, Dec 6-8

### Women’s 4-day Midweek - June 3-6 (\$375)

### Sister’s Intercommunity—June 11-17 (\$700)

### Married Couples Weekend - October 18-20

Our 2025 Retreat Theme and retreat dates will be published in our September Newsletter.

**REGISTER for Retreats ONLINE:**  
 Click on this link <https://kingshouse.com/events/>

**Scan this QR code to donate on your mobile device:**



**DONATING Online is simple and easy!!!**  
 Go to our website or click on “Donate” in the top tool bar Or Click on this link:  
<https://kingshouse.com/our-history/donate/>



**Registration Form: Name of Retreat and Dates:** \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

PER PERSON: Deposit of \$50 enclosed \_\_\_\_\_ OR Retreat Donation Enclosed \_\_\_\_\_

\_\_\_\_\_ Gluten Free \_\_\_\_\_ Vegetarian \_\_\_\_\_ Regular Menu

NOTES: \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**Please make Checks Payable and mail to:** Christ the King Retreat Center, 621 First Ave S, Buffalo, MN 55313