

Christ The King Retreat Center

621 First Ave S • Buffalo, MN 55313 • 763-682-1394

www.kingshouse.com

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OCTOBER 2024

MONTHLY NEWSLETTER

Upcoming Day Retreats for Men and Women:

A Midweek Day Away: Wednesday,
October 16; 8:30 am to 3:30 pm
Guided meditation on the Holiness of the
Saints, guided Holy Hour with time for private
prayer and Mass; lunch included. Register
online at Kingshouse.com/events/

"Un Dia Con Dios en Oración" **9 de**noviembre, 2024; 8:30 am - 5:00 pm
Necesitas tiempo con al Señor? El centro de Retiros
Cristo Rey, con vistas al Lago Búfalo, ofrece "tierra
santa", un lugar tranquilo para "caminar humildemente con tu Dios". REGÍSTRESE EN LÍNEA EN
kingshouse.com/events/

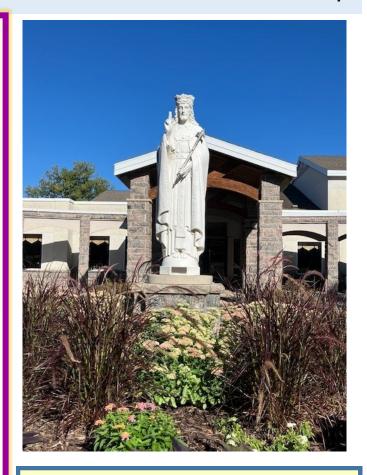
A Day Away: Saturday, **November 16**; 8:30 am to 3:30 pm

Guided meditation, guided Holy Hour with time for private prayer and Mass; lunch included. Register online at Kingshouse.com/events/

Advent Wine & The Word: Tuesday, **December 3**, 7—8 pm

Discussion on a scripture from Advent with wine from Buffalo Rock Winery and light snacks. Free will offering. LET US KNOW you are coming—call 763-682-1394.

An Advent Midweek Day Away: Wednesday, **December 4**; 8:30 am to 3:30 pm Guided meditation on the Advent scripture, guided Holy Hour with time for private prayer and Mass; lunch included. Register online at Kingshouse.com/events/



This Month's 1-minute Retreat

Call to Serve

John 12:26

Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.

Read the above scripture several times slowly and then listen in silence to hear God's voice.

Ecclesiastes 3:1

There is an appointed time for everything, and a time for every affair under the heavens.

Mass Intentions & Prayer Intentions

Mass Intentions

The Catholic Mass is the most powerful form of prayer and it's a common practice to have it offered for a specific intention. Having a Mass said for someone is a powerful way to intercede and pray for them on their behalf. This is referred to as a Catholic Mass intention or Mass request. We get some requests to have a Mass intention for someone on the anniversary of their death; however, Mass intentions can be for the living to assist with a specific need or moment in their life, someone who is sick or suffering, or in thanksgiving to God for prayer that was answered.

Each Mass offered at Christ the King Retreat Center is assigned an intention. Mass intentions can be sent to the retreat center and the Oblate priests will offer one of their Masses for the intention as their schedule allows. The stipend for a Mass is \$10. It is important to remember that the stipend covers the cost of the material things involved with celebrating that particular Mass. The graces received from God are of infinite value and cannot be paid for.

Prayer Intentions

"Prayer changes us -- our heart. It helps us better understand our God. This is why it is important to speak with the Lord, not with empty words but to talk with [Him about] reality: 'Look, Lord, I have this problem, in my family, with my child, with this, with that ...' This is prayer!" emphasizes the Holy Father.

In our hearts, we know prayer is powerful, and can help us and those in need. Sickness, mental anguish, tough decisions, job stress, marital disagreements, difficulty making ends meet... all of these problems, we can lift up to God in prayer. It is also good to thank Him for blessings and prayers answered!

King's House has a long tradition of placing prayer intentions in a basket at the Main Altar and remembering these prayers at their daily Mass. Retreatants are able to put their own prayer intentions in this basket when they attend Mass during their retreat. You are welcome at any time to send us your prayer intentions which are placed in the prayer basket. There is a form on our website or just send us a note or an

Do This in Memory of Me

Our reception of the holy Eucharist is a holy union with Jesus Christ and the Holy Trinity and others. Am I aware, intentional, devotional, in this event? How to improve? Join us as we prayerfully consider how Christ in the Eucharist is present in our daily routine.

Women's Silent Midweek
Oct 8-10 is full; November 5-7

Men's Silent Weekend Retreats
November 1-3 & December 6-8

Married Couples Weekend
October 18-20



Tradition of an Annual Retreat—

Invite your friends, coworkers and relatives to a weekend away and begin the tradition of an annual retreat. An annual retreat gives one a way to reconnect with God, reflect on life's priorities and define areas that may need more attention.

A retreat can also be a time to get away from daily stress and anxiety and to deepen one's relationship with God.

We offer many opportunities throughout the year for a midweek or weekend away to rekindle your spirit and rest and relax in an atmosphere of calm and quiet.

If one of our scheduled retreats does not work for your schedule, please contact us about the possibility of an individual private retreat. We'll check the calendar to check availability that works with your schedule. 763-682-1394, ext 115.



2024 Retreats with Special Presenters

October 4-6—Serenity 11th Step Retreat for Men & Women presented by Fr. Bill Sheehan, OMI (Registrations open until Thursday, October 3, at 1 pm.

November 8-10 "Living Inside our Hope" Silent Weekend Retreat for Men & Women presented by Fr. Joseph Nassal, C.PP.S.

November 22-24—Serra International Retreat for Men and Women presented by Deacon Joseph Michalak, Director of Office of Discipleship & Evangeli-

zation (Serra Members only) - register through Serra

December 13-15 "Advent: A Season of Darkness and Light" Silent Retreat for Men & Women presented by Susan Stabile

REGISTER for Retreats ONLINE: at https://kingshouse.com/events/

Using your smart phone to Make a Donation:

- 1. Scan this QR code with your phone.
- 2. Open the secure link.
- 3. Follow the prompts.
- 4. Thank you!!

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Registration Form: Name of Retreat and Dates:		
Name	Date of Birth	
Address		
City	StateZip	
Phone	E-Mail	
PER PERSON: Deposit of \$50 enclosed	OR Retreat Donation Enclosed	
Gluten Free _	Vegetarian Regular Menu	
NOTES:		
Emergency Contact Name:	Phone Number:	
Please make Checks Payable and mail to: Chris	st the King Retreat Center, 621 First Ave S, Buffalo, MN 55313	