



Christ The King Retreat Center

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MONTHLY NEWSLETTER

OCTOBER 2024

Upcoming Day Retreats for Men and Women:

A Midweek Day Away: Wednesday, **October 16**; 8:30 am to 3:30 pm
Guided meditation on the Holiness of the Saints, guided Holy Hour with time for private prayer and Mass; lunch included. Register online at Kingshouse.com/events/

“Un Dia Con Dios en Oración” **9 de noviembre, 2024**; 8:30 am - 5:00 pm
Necesitas tiempo con al Señor? El centro de Retiros Cristo Rey, con vistas al Lago Búfalo, ofrece “tierra santa”, un lugar tranquilo para “caminar humildemente con tu Dios”. REGÍSTRESE EN LÍNEA EN kingshouse.com/events/

A Day Away: Saturday, **November 16**; 8:30 am to 3:30 pm
Guided meditation, guided Holy Hour with time for private prayer and Mass; lunch included. Register online at Kingshouse.com/events/

Advent Wine & The Word: Tuesday, **December 3**, 7—8 pm
Discussion on a scripture from Advent with wine from Buffalo Rock Winery and light snacks. Free will offering. LET US KNOW you are coming—call 763-682-1394.

An Advent Midweek Day Away: Wednesday, **December 4**; 8:30 am to 3:30 pm
Guided meditation on the Advent scripture, guided Holy Hour with time for private prayer and Mass; lunch included. Register online at Kingshouse.com/events/



This Month's 1-minute Retreat Call to Serve

John 12:26

Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.

Read the above scripture several times slowly and then listen in silence to hear God's voice.

Ecclesiastes 3:1

There is an appointed time for everything, and a time for every affair under the heavens.

St. Eugene De Mazenod is the founder of the Missionary Oblates of Mary Immaculate and the Patron Saint of Dysfunctional Families. St Eugene, Pray for Us!



Mass Intentions & Prayer Intentions

Mass Intentions

The Catholic Mass is the most powerful form of prayer and it's a common practice to have it offered for a specific intention. Having a Mass said for someone is a powerful way to intercede and pray for them on their behalf. This is referred to as a Catholic Mass intention or Mass request. We get some requests to have a Mass intention for someone on the anniversary of their death; however, Mass intentions can be for the living to assist with a specific need or moment in their life, someone who is sick or suffering, or in thanksgiving to God for prayer that was answered.

Each Mass offered at Christ the King Retreat Center is assigned an intention. Mass intentions can be sent to the retreat center and the Oblate priests will offer one of their Masses for the intention as their schedule allows. The stipend for a Mass is \$10. It is important to remember that the stipend covers the cost of the material things involved with celebrating that particular Mass. The graces received from God are of infinite value and cannot be paid for.

Prayer Intentions

"Prayer changes us -- our heart. It helps us better understand our God. This is why it is important to speak with the Lord, not with empty words but to talk with [Him about] reality: 'Look, Lord, I have this problem, in my family, with my child, with this, with that ...' This is prayer!" emphasizes the Holy Father.

In our hearts, we know prayer is powerful, and can help us and those in need. Sickness, mental anguish, tough decisions, job stress, marital disagreements, difficulty making ends meet... all of these problems, we can lift up to God in prayer. It is also good to thank Him for blessings and prayers answered!

King's House has a long tradition of placing prayer intentions in a basket at the Main Altar and remembering these prayers at their daily Mass. Retreatants are able to put their own prayer intentions in this basket when they attend Mass during their retreat. You are welcome at any time to send us your prayer intentions which are placed in the prayer basket. There is a form on our website or just send us a note or an

Do This in Memory of Me

Our reception of the holy Eucharist is a holy union with Jesus Christ and the Holy Trinity and others. Am I aware, intentional, devotional, in this event? How to improve? Join us as we prayerfully consider how Christ in the Eucharist is present in our daily routine.

Women's Silent Midweek

Oct 8-10 is full; November 5-7

Men's Silent Weekend Retreats

November 1-3 & December 6-8

Married Couples Weekend

October 18-20



Tradition of an Annual Retreat—

Invite your friends, coworkers and relatives to a weekend away and begin the tradition of an annual retreat. An annual retreat gives one a way to reconnect with God, reflect on life's priorities and define areas that may need more attention.

A retreat can also be a time to get away from daily stress and anxiety and to deepen one's relationship with God.

We offer many opportunities throughout the year for a midweek or weekend away to rekindle your spirit and rest and relax in an atmosphere of calm and quiet.

If one of our scheduled retreats does not work for your schedule, please contact us about the possibility of an individual private retreat. We'll check the calendar to check availability that works with your schedule. 763-682-1394, ext 115.



2024 Retreats with Special Presenters

October 4-6—Serenity 11th Step Retreat for Men & Women

presented by Fr. Bill Sheehan, OMI

(Registrations open until Thursday, October 3, at 1 pm.

November 8-10 “Living Inside our Hope” Silent

Weekend Retreat for Men & Women

presented by Fr. Joseph Nassal, C.P.P.S.

November 22-24—Serra International Retreat

for Men and Women presented by Deacon Joseph

Michalak, Director of Office of Discipleship & Evangeliza-

tion (Serra Members only) - register through Serra

December 13-15 “Advent: A Season of Darkness and

Light” Silent Retreat for Men & Women

presented by Susan Stabile

REGISTER for Retreats ONLINE:
at
<https://kingshouse.com/events/>

Using your smart phone to Make a Donation:

1. Scan this QR code with your phone.
2. Open the secure link.
3. Follow the prompts.
4. Thank you!!



Registration Form: Name of Retreat and Dates: _____

Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

PER PERSON: Deposit of \$50 enclosed _____ OR Retreat Donation Enclosed _____

_____ Gluten Free _____ Vegetarian _____ Regular Menu

NOTES: _____

Emergency Contact Name: _____ Phone Number: _____

Please make Checks Payable and mail to: Christ the King Retreat Center, 621 First Ave S, Buffalo, MN 55313