

Christ The King Retreat Center

621 First Ave S • Buffalo, MN 55313 • 763-682-1394

www.kingshouse.com

ChristTheKing@kingshouse.com

MONTHLY NEWSLETTER

MARCH 2025

LENTEN RETREATS

During Lent, the Church unites herself each year to the mystery of Jesus in the desert for 40 days. This is a time when one can learn more about their faith and embrace their relationship with the Lord. No relationship can deepen and grow unless we are willing to listen and share ourselves with the other person. God is no exception. Go to a quiet place, slow down and remember that God loves you.

Jobs, committees, projects, daily chores, etc., will pass away, but our relationship with God is forever. Let us get to know and serve God better during these days as we prepare for Easter. Don't let this be just another 40 days of the year. A good way to begin or renew is to attend a retreat, setting aside a couple days to focus on Christ and His love for you.

Christ the King Retreat Center offers these dates this year to begin or continue the tradition of a retreat during Lent.

Women's Silent Midweek—March 4-6 (Ash Wed)

Married Couples Retreat—March 7-9

Men's Silent Weekend—March 14-16

Women's Silent Weekend—March 28-30

Men & Women's Silent Midweek—April 1-3

**Register TODAY online at
www.kingshouse.com/events
or call us at 763-682-1394.**



Lenten Novena

Father, all-powerful and ever-living God, during this Holy Season of Lent call me to a closer union with You. Help me to prepare to celebrate The Paschal Mystery with renewed mind and heart. Grant me a spirit of loving reverence for You and willing service to my neighbor as I recall the great events that gave me new life in Christ. Give me strength to purify my heart, to control my desires, and to serve You in freedom. Teach me how to live in this world with my heart set on the world that will never end.

Through my observance of Lent, help me to correct my faults and raise my mind to You, to grow in holiness that I may deserve the reward of everlasting life.

*In Your mercy grant me this special favor:
(State your intention(s) here...)*

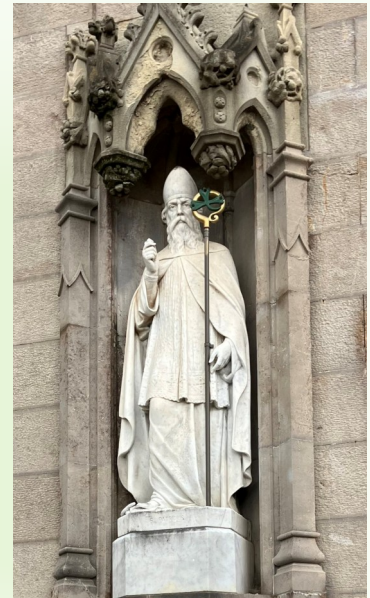
I offer these petitions to you and Your Divine Will. The power of the Cross reveals the kingship of Christ crucified to whom I entrust these petitions. Father, through His love for us and through His Sufferings, Death and Resurrection, may I gain eternal life with You in heaven. Amen.

St. Eugene De Mazenod is the founder of the Missionary Oblates of Mary Immaculate and the Patron Saint of Dysfunctional Families. St Eugene, Pray for Us!

Saint Patrick—Apostle of Ireland

Born at Kilpatrick, near Dumbarton, in Scotland, in the year 387
 Died at Saul, Downpatrick, Ireland, March 17, 461.

As a boy of about 14, he was captured and taken to Ireland as a slave to herd and tend sheep. Ireland at that time was a land of Druids and pagans. He learned the language and practices of the people. During his captivity, he turned to God in prayer. He wrote, *“The love of God and his fear grew in me more and more, as did the faith, and my soul was roused, so that, in a single day, I have said as many as a hundred prayers and in the night, nearly the same. I prayed in the woods and on the mountain, even before dawn. I felt no hurt from the snow or ice or rain.”* After escaping captivity, Patrick returned to his family, became a priest and was ordained a bishop and sent to take the Gospel to Ireland arriving on March 25, 433, at Slane. He began preaching the Gospel throughout Ireland, converting thousands and building churches all over the island country for 40 years. He worked many miracles and wrote of his love for God in *Confessions*. After years of living in poverty, traveling and enduring much suffering he died March 17, 461, at Saul, Downpatrick, Ireland, where he had built the first church.



Why a shamrock? Patrick used the shamrock to explain the Trinity, and it has been associated with him and the Irish since that time.

Photo of St Patrick was taken by Anita Goth at the Cathedral of St Patrick, Armagh, Ireland, July 2024.

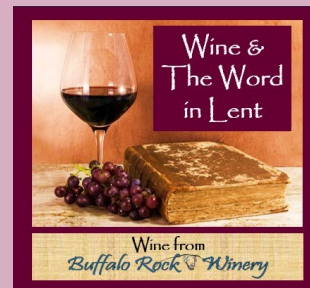
Save the Dates

May 18-May 24, 2025



SPRING FUNDRAISER

<https://malmborgsinc.com/fundraising/spring-fundraiser/>



**The Sacrament of Penance
 —Theology and Practice**

Tuesday, April 8, 2025

From 7 to 8 pm

621 First Ave S, Buffalo, MN

Enter at Main Entrance

RSVP to agoth@omiusa.org

Or call 763-682-1394.

RSVP online at:

www.kinghouse.com/events

REGISTER for Retreats ONLINE at
<https://kingshouse.com/events/>
INSCRÍBETE ONLINE en
<https://kingshouse.com/events/>

Using your smart phone to Make a Donation:

1. Scan this QR code with your phone.
2. Open the secure link.
3. Follow the prompts.
4. Thank you!!



Registration Form: Name of Retreat and Dates: _____

Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

PER PERSON: Deposit of \$50 enclosed _____ OR Retreat Donation Enclosed _____

_____ Gluten Free _____ Vegetarian _____ Regular Menu

NOTES: _____

Emergency Contact Name: _____ Phone Number: _____

Please make Checks Payable and mail to: Christ the King Retreat Center, 621 First Ave S, Buffalo, MN 55313

Retiro de un día en español—17 de mayo, 2025 y 20 de septiembre, 2025

¿Necesitas tiempo para ti? ¿Tiempo lejos de tu vida normal demasiado ocupada, para estar en soledad con el Señor? El Centro de Retiros Cristo Rey, con vistas al Lago Buffalo, en Buffalo, MN, ofrece «SUELO SANTO», un lugar tranquilo para «caminar humildemente con tu Dios».

Te ofrecemos hospedarte por «Un Día Fuera», incluye Misa, Hora Santa guiada y Meditación y tiempo para oración y reflexión personal.

Este es TU tiempo con el Señor. Las meditaciones y liturgias se ofrecen como eventos opcionales si usted decide asistir. La donación sugerida es de \$50 por persona, incluye el almuerzo.

**Peregrinos de la Esperanza Retiro de fin de semana para hombres y mujeres
 30 de mayo - 1 de junio de 2025**

En este Año Santo de gracia, estamos llamados a reconocer que la esperanza es la creencia de que Dios está presente en todas las cosas. Hay muchas situaciones en la vida en las que uno puede querer darse por vencido. La «esperanza de Abraham», que es «Esperando contra toda esperanza, creyó...» (Romanos 4:18) significa no darse nunca por vencido, incluso cuando las probabilidades están en tu contra. En su mensaje de Navidad, el Papa Francisco nos dice que «la puerta del corazón de Dios está siempre abierta; volvamos a él. Volvamos al corazón que nos ama y nos perdona». Con las actividades de la vida uno se ve atrapado en el hacer de las tareas, el ruido constante de la vida, las demandas de tiempo y energía, a veces llevando a uno a un punto en el que sólo necesita un descanso, un lugar tranquilo para renovar el espíritu y el alma, descansando el cuerpo y la mente. Nuestro retiro «Peregrinos de Esperanza» es una oportunidad para experimentar el compañerismo y crecer en la fe y la renovación espiritual durante este año santo de gracia; rezando para que encuentres paz y esperanza en tu relación con Jesús, nuestro Señor.