



# Christ The King Retreat Center

621 First Ave S • Buffalo, MN 55313 • 763-682-1394

[www.kingshouse.com](http://www.kingshouse.com)

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MONTHLY NEWSLETTER

LENT 2026

“Even now, says the Lord, return to me with your whole heart, with fasting, and weeping and mourning...” Joel 2:12

Lent is coming, Lord. How do you want me to prepare?

During Lent there are many ways to prepare: fasting, serving others, giving up something. However some may be called to be called into a deeper relationship with the Lord. Prayer is an essential part of the Lenten journey. Here is a Lenten Prayer given to me by Fr. Hank.

***A Prayer for Lenten Simplicity - Free me, Lord Jesus, from anything that obstructs my way to you. Clear away the clutter of petty grudges. Remove smudges of resentment and bitterness. Cleanse me of thoughts filled with anger, envy or self-pity. Create space in my life for more kindness and less spitefulness, greater generosity and stronger compassion. Enlarged my heart with a spirit of gratitude this Lent, so that I recognize the simple gifts that lay in abundance all around me. In your sacred name, I pray. Amen.***

For my thoughts are not your thoughts, nor are your ways my ways—oracle of the LORD. For as the heavens are higher than the earth, so are my ways higher than your ways, my thoughts higher than your thoughts. Isaiah 55:8-9

Here at the retreat center, we are in a time of transition and do not know what the future holds for this particular piece of property. However, we do know that the Lord is working for the good. Our Lenten Ash Wednesday Midweek retreat is for both Men and Women. Go online to register or call us. In reviewing the evaluations of our first 2026 retreats, many have expressed their thanks for the retreats they have attended and how they will miss this place of prayer. We will miss you too!



## 2026 RETREATS - BLESSED ARE THEY WHO?????

At the heart of the teaching of Jesus is the Sermon on the Mount. At the heart of the Sermon on the Mount are the Beatitudes. Jesus asks that we see the world in a new way, where weakness is strength and poverty is wealth. During our 2026 retreats, we will seek to embrace this challenging vision.

Register online at  
[www.kingshouse.com](http://www.kingshouse.com)  
or call 763-682-1394

# Register for our 2026 Retreats – Spaces are filling up fast.

**Silent LENTEN Midweek (Ash Wednesday) for MEN & Women:**

..... February 17-19

**Men’s Weekends:**..... March 13-15

**Women’s Weekends:** ..... April 24-26; May 15-17

**Women’s Midweeks:**.....March 10-12; April 7-9

**Married Couples (not Silent):** ..... March 6-8

**Women’s 3 nights/4-days Midweek:** .....June 1-4

**Sisters’ Intercommunity – 6 nights:** .....June 9-14

**Summer Weekend for Men and Women:** .....June 26-28

**Closing Reception - June 28, 2026 - Space is limited.**

**Call to let us know you are coming at 763-682-1394.**

Make a Donation: Scan this QR code with your phone. Open the secure link & follow prompts. Thank you!!



Register online at <https://kingshouse.com/events/>

**Registration Form:** Name of Retreat and Dates: \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

PER PERSON: Deposit of \$50 enclosed \_\_\_\_\_ OR Retreat Donation Enclosed \_\_\_\_\_

\_\_\_ Gluten Free \_\_\_ Vegetarian \_\_\_ Regular Menu

NOTES: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Please make Checks Payable and mail to: Christ the King Retreat Center, 621 First Ave S, Buffalo, MN 55313

# 2026 RETREATS

## WITH SPECIAL PRESENTERS

### SILENT WEEKEND RETREATS FOR MEN AND WOMEN

July 17-19 -- Fr. Matt Linn -- working title - “Kindness & Hope in an Angry World”

July 31 -- August 2 - Fr. Ron Rolheiser, OMI -- Topic to be determined

August 21-23 -- Fr. Charlie Lachowitz - Topic -

November 13-15 - Susan Stabile - “Embracing Mary”

Mary occupies a special place in our Catholic tradition. While our ultimate model for discipleship is her Son Jesus, spending time with and learning from Mary helps us deepen our growth in God and Christ. This retreat invites us to reflect on and embrace the many faces of Mary and to appreciate her in her fullness—as first disciple, as mother of God, as mother of church, as a woman of prayer, and as a real woman of faith. Doing so will help us to appreciate Mary’s pre-eminent place in the communion of saints.

**Registration Fee \$50.00 \*\* PER PERSON -**

***A non-refundable registration fee of \$50.00 is required and must be received in order to reserve a room.***

The value of this retreat is \$350. During the retreat, each retreatant is asked to prayerfully discern and make a donation to cover retreat costs. Any amount given above the value helps to cover the cost for those unable to contribute a full donation.

(Fr. Rolheiser’s Retreat Value is \$375 per person)

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